PATIENT ONBOARDING

How to use Wesper.

WHAT'S IN YOUR KIT

Every Wesper kit contains two biometric patches, one charging pad, two charging cables, a quickstart guide, a pulse oximeter, and replacement adhesives.
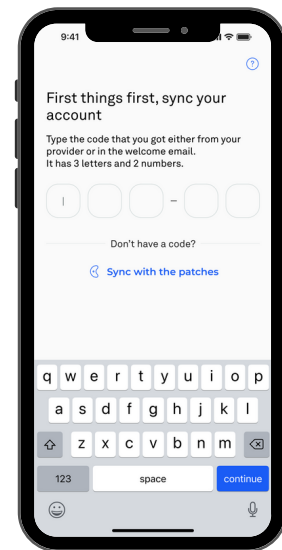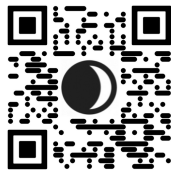
COMPLETE DURING THE DAY [3-5 mins]

STEP 1: DOWNLOAD THE APP

Download the app from the app store and create an account. Use the pairing code provided by your clinician or in our welcome email or choose to pair with the hardware.
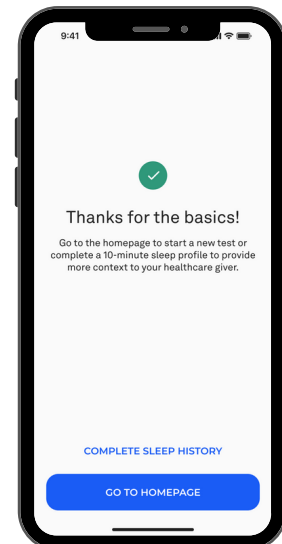
Download the <u>app here</u>:

STEP 2: COMPLETE BASIC PROFILE

Enter your birth date, gender, height and weight, city, state and phone number then click continue.

Next, you will be prompted to GO TO HOMEPAGE. Click this blue button, DO NOT complete Sleep History.
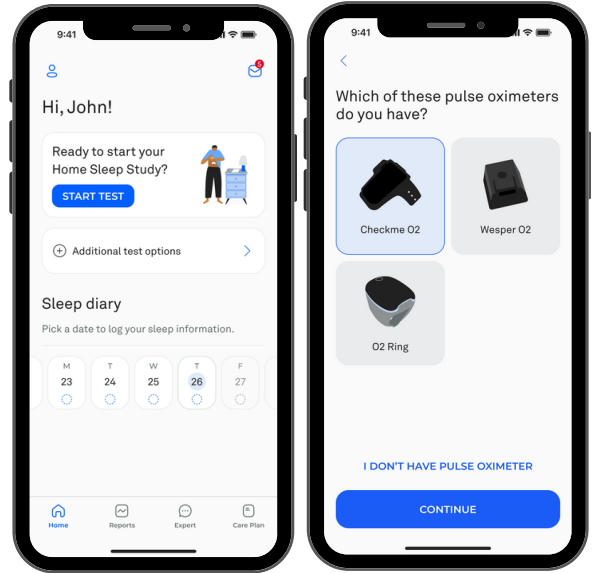
STEP 1: START TEST

From the home screen, click start test.

Choose the first box "Checkme O2" when prompted.

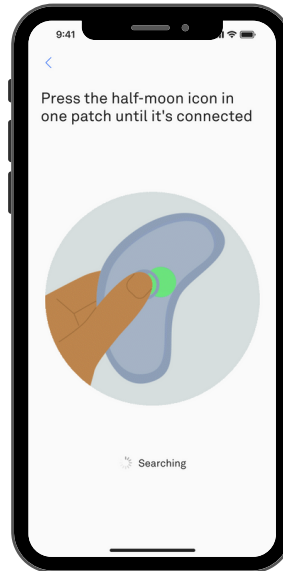Read the "Prepare for your Test" instructions and hit continue.

Do not connect or apply the patches until prompted to do so by the app. Make sure you have Bluetooth turned on.
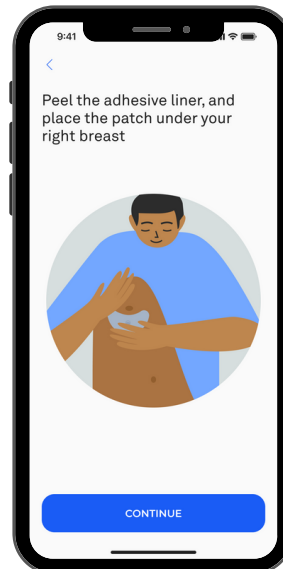
STEP 2: CONNECT THE FIRST PATCH

Turn the first patch on by pressing moon icon on the patch HOLDING the button down until the app says connected.

You should hear and feel a click when the button is pressed.
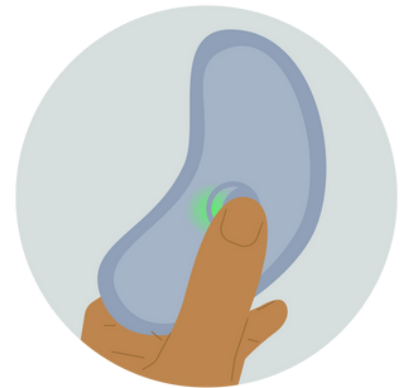
STEP 3: APPLY THE FIRST PATCH

Peel the adhesive liner, and place the patch under your right breast

● WESPER   ◉ wesper.co   in @wesperhealth

STEP 4: CONNECT SECOND PATCH

Turn the patch on by pressing the moon icon on the patch HOLDING the button down until the app says connected.

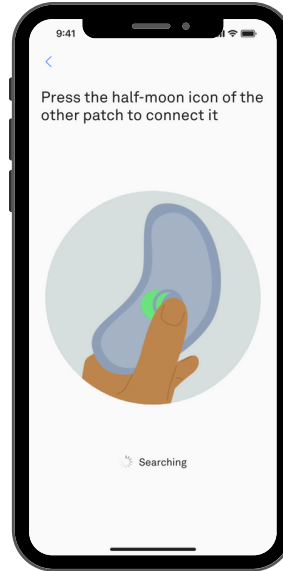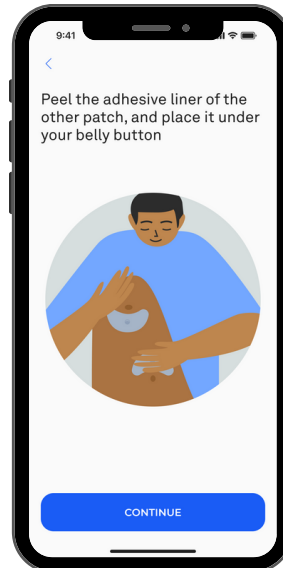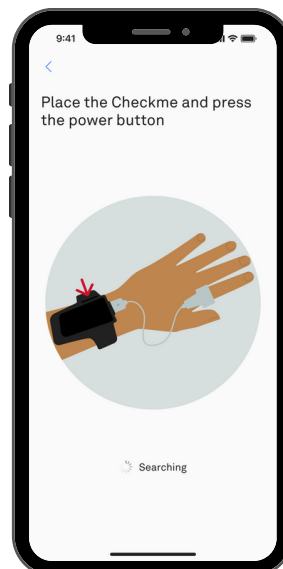You should hear and feel a click when the button is pressed.

STEP 5: APPLY THE SECOND PATCH

Peel the adhesive liner of the other patch, and place it over your belly button in a rainbow orentation.
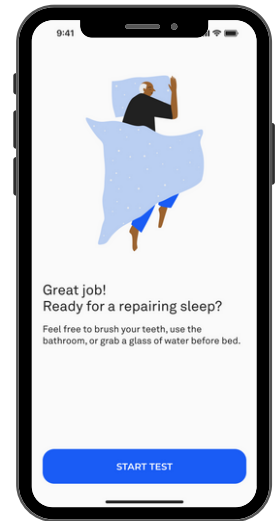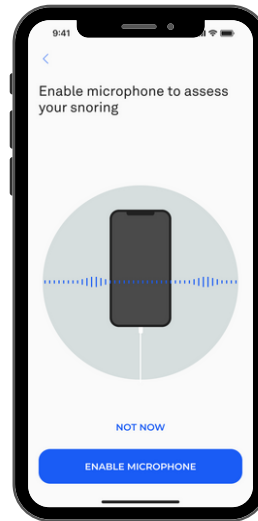

STEP 6: APPLY PULSE OXIMETER

Place the Checkme on your hand and press the power button.

WESPER

STEP 7: ENABLE MIC AND START

Enable microphone to assess your snoring (only for iOS devices).

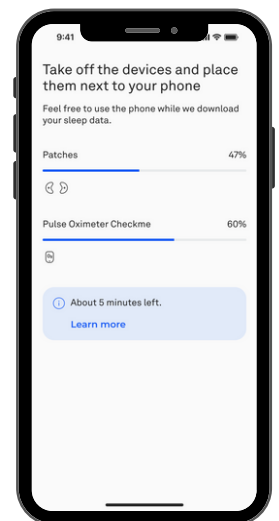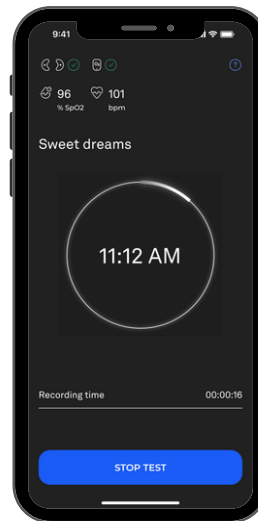When you're ready, click "Start Test" to begin testing.

COMPLETE ON WAKING   [4-5 mins]

STEP 1: STOP TEST

Click STOP TEST when your are finished testing. Follow the directions on the app and remove the tech in the specified sequence.

Keep tech near your phone until the upload is complete.

WESPER IS ON A MISSION TO BRING QUALITY SLEEP AND A FULL LIFE TO EVERYONE.

QUESTIONS?

Our team is standing by to answer your questions. Reach out at support@wesper.co